

Special project
Managing Committee

Solo Dance Competition Rules

world
DanceSport
federation

Headquarters

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RULES FOR COMPETITIONS (SOLO)

1. Rule 1 (Membership)

1.1 Each athlete in a WDSF Competition must be a member of, or formally affiliated with, a WDSF Member body representing a country.

1.2 All athletes in all WDSF Competitions must be identified by a WDSF ID Card/E-Card

2. Rule 2 (General)

2.1 Solo is a discipline in which the athlete competes alone, without a partner.

2.2 The athlete's performance shall contain all technical elements defined for Standard and/or Latin disciplines, with the exception of Hand Hold and Couple Position. The usage of arms and hands in Solo competition is without restriction.

3. Rule 3 (Discipline)

3.1 Solo Standard.

3.2 Solo Latin.

3.3 Solo 10 Dances.

4. Rule 4 (Dances by discipline)

4.1 In Solo Standard athletes compete in all 5 Standard dances: Waltz, Tango, Viennese Waltz, Slow Foxtrot and Quickstep.

4.2 Exception is the Juvenile I age category in which they compete in: Waltz, Tango, and Quickstep.

4.3 In Solo Latin athletes compete in all 5 Latin dances: Samba, Cha-Cha-Cha, Rumba, Paso Doble and Jive.

4.4 Exception is the Juvenile I age category in which they compete in: Samba, Cha-Cha-Cha and Jive.

5. Rule 5 (Categories)

5.1 Solo Female.

5.2 Solo Male.

Mix categories will not be allowed.

6. Rule 6 (Age Restrictions)

6.1 See Rule E.2 (Age Restrictions)

7. Rule 7 (Music)

7.1 See Rule E.3 (Music)

8. Rule 8 (Grades/Types of Competitions)

8.1 WDSF World Ranking Tournaments.

8.1.1 WDSF Open

WDSF will grant a series of WDSF Open Solo Competitions in Standard, Latin and 10 dance with points for the WDSF Solo World Ranking List for all age category according to the Rule E.2

8.2 Title Events

All title events will be subject to the special decision of the WDSF Vice-President for Sports and WDSF Presidium.

9. Rule 9 (Choreography and Syllabus)

9.1 See Rule E.5 (Choreography and Syllabus)

10. Rule 10 (Props)

10.1 Props cannot be used.

11. Rule 11 (Rules for Adjudication)

- 11.1 Skating System shall be used for all rounds.
- 11.2 Marking, selection for heats, semi-finals and finals will be according to the Rule E.8.

12. Rules 12 (Dancefloor requirements)

See Rule B. 3.4.5

13. Rule 13 (Health and Welfare of Athletes)

- 13.1 See Rule E.9 (Health and Welfare of Athletes)

14. Rule 14 (Competition Dress)

- 14.1 See Rule E.10 (Competition Dress)

15. Rule 15 (Doping Control and Doping Infringements)

- 15.1 See Rule D.3 (Doping Control and Doping Infringements)

16. Rule 16 (Advertising and Competition Number Cards)

- 16.1 Competition Number Cards

The use of Competition Number Cards will be governed by the Appendix Competition Number Cards of these rules.
- 16.2 Size “small” will be allowed for all Solo Female competitors.
- 16.3 For Solo Female, the Competition Number Card will be displayed on the posterior part of the Solo Female body, except the skirt area.

16.4 For Solo Male, the Competition Number Card will be displayed on the back, according to the Appendix Competition Number Cards.

16.5 Rule D.4 (Advertising)

17. Rule 17 (Duties of WDSF Chairpersons)

17.1 Rule C (Duties of WDSF Chairpersons)